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| **Drug** | **Specific Drugs in this Category** | **How is the drug taken?** | **What are the negative effects?** |
| Narcotics | Heroin, morphine, codeine, meperidine, methadone | Narcotics can be smoked, sniffed, injected or swallowed. | Dizziness, euphoria, decreased sense of pain, upset stomach |
| Inhalants | Gasoline, glue, paint thinner, nitrous canisters, empty bottles | Inhalants can be sniffed and snorted | Can cause kidney problems, brain damage, liver damage and heart damage. |
| Cocaine | Crack cocaine, freebase cocaine, cocaine hydrochloride | Cocaine can be sniffed and injected | Lung damage, loss of smell, STDs, paranoia |
| Hallucinogens | LSD, magic mushrooms, ketamine, PCP, DMT, peyote | Swallowing, or consuming | Euhphoria, flashbacks, panic, sleep problems |
| Depressants | Xanax, alcohol, barbiturates, benzodiazepines | Swallowing, consuming | Fatigue, dizziness, poor concentration, confusion |
| **Drug** | **Specific Drugs in this Category** | **How is the drug taken?** | **What are the negative effects?** |
| Amphetamines | Crystal meth, meth, Adderall, Ritalin | Smoke | Mood swings, violent behavior, panic attacks |
| Club Drugs (Focus on Ecstasy) | Ecstasy, marijuana, GHB, Rohypnol | Smoke, consume | Nausea, sweating, blurred vision, impulsiveness, sleep problems, depression |
| Steroids | Progestogen, corticosteroids, androgens, estrogens | Inject, consume | Heart problems, kidney problems, liver damage, high blood pressure |